



General Health Policies Sick Day Guidelines

Making the Right Call When Your Child Is Sick

Should I keep my child home or send him or her to school?

*School policy requires a child **stay home** if he or she:

- Has a fever over 100 degrees
- Has been vomiting or has diarrhea
- Has cold symptoms with runny or inflamed eyes, runny nose, frequent coughing or a sore throat.
- Has a rash of unknown origin
- Has a communicable disease or condition, for example - chicken pox

24 Hour Rule:

- **FEVER:** over 100 degrees. Your child must be free of fever, **WITHOUT the use of fever- reducing medicine, for 24 hours** before returning to school.
- **VOMITING or DIARRHEA:** Your child must be generally free of vomiting or diarrhea **for 24 hours** before returning to school.
- **ANTIBIOTICS:** If your child requires medication for Strep Infections and/or Scarlet Fever, **he or she must be on the prescribed medication for a minimum of 24 hours, free of fever and clinically improving.**

Please help others from becoming sick by keeping your child home while the sickest. Please contact your school nurse with any questions or concerns regarding these health policies.

*Kindly refer to The Public Schools of Mansfield, Connecticut Parent Handbook ([http:// www.mansfieldct.gov/mboe](http://www.mansfieldct.gov/mboe)) School Health Services, for more information.

